

TRANSFER ADVISING GUIDE

Exercise Science (A.S.) from Mercer County Community College to (B.S.) Exercise Science at Rider University (CLAS Division)						
<i>MERCER COUNTY COMMUNITY COLLEGE COURSE</i>	Cr	<i>RIDER UNIVERSITY COURSE/AREA SATISFIED</i>			Cr	
<i>Exercise Science, A.S.</i>		<i>B.S. Exercise Science (CLAS Division)</i> <i>(120 Credits)</i> <i>(edits as of 4-2-20 BG & Meeting with Laurene on)</i>				
First Semester						
BIO 103 Anatomy & Physiology I	4	BIO 221 Human Anatomy & Physiology I (3)			4	
		BIO 221L Human Anatomy & Physiology I Lab (1)				
HPE 110 Concepts of Health & Fitness	2	Elective τ			2	
ENG 101 English Composition I	3	CMP 120 Expository Writing			3	
HPE 151 Introduction to Exercise Science	1	HSC 105 Intro to Health Care Professions			1	
MAT 125 Elementary Statistics I (3)	3	MTH 120 Intro to Applied Statistics (3)			3	
PSY 101 Introduction to Psychology	3	PSY 100 Intro to Psychology			3	
	16				16	
Second Semester						
BIO 104 Anatomy & Physiology II	4	BIO 222 Human Anatomy & Physiology II (3)			4	
		BIO 222L Human Anatomy & Physiology II Lab (1)				
ENG 102 English Composition II	3	CMP 125 Research Writing			3	
Rider suggests Mercer students take HPE-111 for transfer credit:						
HPE 111 Living with Health (3)	3	BIO 100 Life Science (3)			3	
OR		OR				

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HPE 113	Medical Terminology (3)		Elective ⚭	
OR			OR	
HPE 105	First Aid, CPR, & AED (3)		Elective ⚭	
HPE 134	Prevention, Assessment & Care of Athletic Injuries	3	EXS 121 Exercise Injury Control & Management	3
HPE 171	Personal Fitness (1)	1	Elective ⚭	1
		14		14
Third Semester				
CMN 111	Speech: Human Communication	3	COM 201 Communication Theory	3
OR			OR	
CMN 112	Public Speaking		COM 104 Speech Communications	
HPE 164	Principles of Coaching (3)	3	Elective ⚭	3
HPE 242	Exercise Measurement & Prescription	3	EXS 340 Exercise Testing & Prescription (3) (Mercer students will need to take EXS-341-Exercise Testing & Prescription (1) at Rider following transfer.)	3
PTA 105	Kinesiology	3	HSC 302 Kinesiology (4) (Mercer students will need to take HSC-302-L (1) at Rider following transfer)	3
General Education Elective		3	Historical Perspective ⚭ Artistic & Intellectual Perspective ⚭	3
		15		15
Fourth Semester				
HPE 101	Basic Concepts of Nutrition	3	HSC 100 Intro to Human Nutrition	3
HPE 241	Applied Exercise Physiology (Mercer pre-requisites BIO-103)	3	EXS 320 Exercise Physiology (3) (Mercer students will need to take EXS-321-Exercise Physiology Laboratory (1) at Rider following transfer.)	3
HPE 243	Exercise Science Field Experience	3	Capstone (Rider will award 2 credits on transfer from Mercer and the Mercer student would then take the remainder of the Capstone requirements at Rider.)	2

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Humanities General Education Elective	3	Humanities Elective σ Free Elective σ	3
General Education Elective 4	3	General Education Elective σ	3
	15		14
	60		59/60

<p>FREE RIDER COURSE OPTION: Select one course from the list below:</p> <p>BIO-115-Principles of Biology I (4) BIO-115L-Principles of Biology I Lab (0) (BIO-115 & BIO-115L must be taken together) OR BIO-116-Principles of Biology II (4) BIO-116L-Principles of Biology II Lab (0) (BIO-116 & BIO-116L must be taken together) OR CHM-110-Survey of General Chemistry (4) OR HSC-201-Nutrition for Exercise & Physical Activity (3)</p>	<p>Following completion of 30 credits and the Rider Intent to Enroll Form and while a student at Mercer County Community College, students have the option to take a free course at Rider that counts toward the Rider degree. The selected course allows the Mercer County Community College student to experience first-hand the academic environment at Rider.</p> <p>See Mercer County Community College or Rider University Transfer Representatives.</p> <p>Contact information listed below.</p>	<p>3</p>
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Mercer County Community College Footnotes:

Rider University Footnotes:

- σ Students have a number of options to satisfy this requirement; courses will be evaluated on an individual basis.
- For transfer credit the Mercer student must have a grade of "C" or higher in all courses for transfer credit. (no transfer credit will be accepted for any course with a grade of "C-" or below.
- The curriculum is designed to provide a seamless transition from an Associate degree or diploma program, building on student experiences in allied health professions. Separate clinical are not required.
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Mercer graduates should be nationally certified in Exercise Science and possess current registration with the National Strength & Conditioning Association's Certified Personal Trainer (NSCA-CPT) Exam. This certification also incorporates certification for First-Aid Cardio-Pulmonary Resuscitation (CPR) for the Professional, and Automated External Defibrillator (AED).

Please note Rider only requires one math course for the B.S. in Allied Health Studies (CCS).

The Rider degree is 120 credits; the Mercer student may have to take additional credits to meet the Rider University degree.

Requirements are subject to change. This Advising Guide is best used in consultation with an advisor.

COURSES REMAINING FOR A BACHELOR OF SCIENCE DEGREE IN EXERCISE SCIENCE AT RIDER UNIVERSITY* (CLAS DIVISION)

Course Number	Rider University Course Name or Core Area	Credits	Notes* (if course can be taken at Mercer, indicate course number)

FOR FURTHER INFORMATION, CONTACT:

Transfer Services
Mercer County Community College
609.570.3397
transfer@mccc.edu

Transfer Admission
Rider University
609.896.5000 X 7159
admissions@rider.edu

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