



# The Campus Green

Rider University's first sustainable newsletter!

Issue 20 — March 2020



JOIN US ON SATURDAY MARCH 28, 2020 8:30 PM  
YOUR LOCAL TIME!

*HELP PLACE THE SPOTLIGHT ON NATURE - THE  
WORLD IS WATCHING.*

Time to unplug and power down for one hour! Spend some time in your home with your family or roommate(s) playing games by flashlight or man hunt in the dark!

Use the hashtag #EarthHour and tag @EarthHour on Facebook and Twitter, @EarthHourOfficial on Instagram and of course, @broncsgogreen.

For More Information and Ideas visit [earthhour.org/](http://earthhour.org/)



50TH ANNIVERSARY!

*Digital  
Earth Day*

*Join the Office of Sustainability in fun  
digital activities to celebrate our  
environment while away from campus!*

All Day Wed 4/22

**April 22 will mark the first Digital Earth Day, a global digital mobilization to address the most urgent threats to people and planet.**

The first Earth Day was the biggest civic engagement demonstration the world had seen.

The **50th anniversary** of Earth Day will take mobilization to the next level to deliver an Earth Day unlike any other in history.

Kathleen Rogers  
President, Earth Day Network

## Green Tips

Spring is coming so you know what that means - Spring Cleaning! This season opt for safe and sustainable cleaning products rather than reaching for those harsh chemicals. Not only are they better for the planet, but they're better for you and smell good too!

As spring approaches and the temperature gets warmer, instead of blasting the air conditioning consider, or leaving your fan on all day to cool your room, consider buying a Chinese foldable hand fan. They are effective, light, you can bring them on the go and, and are extremely inexpensive! Give one a try and see the difference it could make.

## Effects of the Coronavirus on the Environment

[As Italy quarantines over coronavirus, misleading reports of swans and dolphins in Venice canals go viral:](#)

[Coronavirus is having a major impact on the environment, with reduced CO2, better air quality and animals roaming city streets:](#)

[Coronavirus: Air Pollution and CO2 fall rapidly as virus spreads:](#)

[Fact check: COVID-19 crisis has not created decreased long-term human environmental impact:](#)

[The implications of the coronavirus crisis on the global energy sector and the environment](#)

[Coronavirus: 'Nature is sending us a message', says UN environment chief](#)

## Vegan Lemon Bread

### Ingredients

2 cups flour  
1 1/2 tsp baking powder  
3/4 tsp salt  
1/4 tsp baking soda  
1 cup sugar (xylitol for sugar free)  
3/4 cup plant milk of choice  
1/2 cup vegan yogurt  
1/4 cup oil (sub applesauce for fat free)  
1/4 cup lemon juice  
Lemon Zest (1 tbsp total – don't omit)  
1 tsp pure vanilla extract



### Instructions

1. Preheat oven to 350 F. Grease a 9x5 loaf pan.
2. In a large bowl, combine all dry ingredients
3. Whisk liquid ingredients in a separate bowl
4. Combine wet and dry, then stir until just evenly mixed. Spread into the pan
5. Bake 50-55 minutes, or until loaf has risen and a toothpick inserted into the center comes out clean. If desired, frost with either melted coconut butter or 1/2 cup powdered sugar combined with 1 tbsp milk of choice.

## HANGING VERTICAL VEGETABLE PATCH

Make the most of an old hanging shoe organizer by turning it into a space for growing fresh vegetables.



### WHAT YOU WILL NEED:

- Hanging pocket shoe organizer
- Pole and attachments (curtain pole or pipe fittings, screws)
- Utensil hanging hooks
- Compost
- Selection of plants or seeds
- Piece of wood 2"x2" as long as the width of the pocket store to keep the base of pockets away from the wall

### HOW:

1. Attach a pole with metal fittings to a shed or wall.
2. Use strong hooks or wire to attach the shoe store.
3. Pour water into the pockets to check the drainage, if they don't drain then make a few small holes in each of the pockets.
4. Fill each pocket with compost.
5. Add plants or seeds.

## Senior Spotlight



Alina '20

***Tell us a little about yourself. What do you do here at Rider University? How long have you been working as an Eco Rep?***

I'm a 3 year Eco rep, Environmental Science major, and Sustainability Studies minor. I have been a part of several groups, including the Rider University Courtside Band, The Rolling Tones acapella group, Student Government Association, and a number of open mics and performances.

***From your perspective, how has sustainability at Rider changed over the years?***

Sustainability at Rider has changed so much, even in the short time that I have been an Eco Rep. I could see that the students have become more aware of their individual impact on the environment. Over the years, many initiatives have been implemented to lower our university's carbon footprint, including increasing Elkay water refill stations.

***What are your plans post-graduation and how do you plan to continue being sustainable in your daily life?***

Upon graduate, I plan on recording music, while performing at venues across New Jersey. Whilst doing so, I'll be continuing my journey to living a zero-waste lifestyle and encourage my family to do the same



Alison '20 3 Year Eco Rep

Musical Theatre Major

## Contact info:

Melissa Greenberg, Director of Sustainability  
[megreenberg@rider.edu](mailto:megreenberg@rider.edu)

Follow us:

