



The Campus Green

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Rider University's sustainable newsletter!

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Upcoming Events!



- ⇒ **12/4 Mercer Room @ 7PM:**
24 Hours of Climate Reality Watch Party
- ⇒ **12/11 & 12/12 SWG 115 @ 7PM:**
Green Film- Dukale's Dream
- ⇒ **RecycleMania begins on 2/3 in the Spring semester!**

Green Tip



There are lots of ways to create a tree-free home.

Whether your home is a dorm or you live off-campus here are some things you can do: replace paper napkins with cloth napkins, replace paper towels with a special set of cloth towels/napkins (or cut up old t-shirts for great towels). You can also reuse envelopes, wrapping paper, the front of gift cards (as postcards) and other paper materials you receive wherever possible. Try using online flashcards on Quizlet to save note card waste, share your work with friends so they don't have to use notecards.

Recipe: Vegan Thanksgiving Stuffing



Ingredients:

- 8 cups of bread (cubed)
- 2 tbsp. vegan butter or oil
- 1 yellow onion (chopped)
- 3 celery stalks chopped
- 4 cloves of garlic
- 1 tsp. dried sage
- 1/2 tsp. dried thyme
- Salt and pepper to taste
- 2-3 cups vegetable stock

1. Place the cubed bread onto baking sheets and toast in a 350 degree oven for 15-20 minutes, stirring/flipping halfway.
2. While that toasts, saute the celery and onion in the vegan butter until the onion is translucent. Add in the garlic, sage, and thyme and saute for an additional 2 minutes.
3. In a large dish, mix together the toasted bread and the saute mixture. Add the vegetable stock until the bread is just saturated—not too wet and not dry.
4. Add salt and pepper to taste.
5. Bake at 375 degrees for 30-40 minutes or until the top is golden and crunchy. Serve warm and enjoy!

Eco Business

Have you always wanted to get your own eco-friendly products, but were a little too hesitant to get what you couldn't physically see? If that's the case, Greendesign has got you covered. Greendesign was founded in 2008 as a brick-and-mortar store to give people an opportunity to see and feel various sustainable products—such as water bottles made of recycled metal-in person. They have since built a 2nd store in Philly and were voted the "Best Eco-Friendly Store" by the Philadelphia Magazine in 2013. **Find out more and see their wide selection of green goods at visit them at 42 Witherspoon Street in Princeton, NJ, or call them at (609)-651-4643.**

greendesign



DIY: Pumpkin Spice Candles

What you need:

- Small glass mason jar
- 1/2 tablespoon of pumpkin spice
- 1/8 cup of olive oil
- 1 package of candle wick
- 1/4 lb of candle wax

- 1.) Cut wick to the length of the jar and secure with tape
- 2.) Bring oil to light simmer in pot and stir in pumpkin spice then place mixture in jar for at least 2 days
- 3.) Cut wax into small pieces and melt in a pot.
- 4.) Fill the remainder of the mason jar with the wax and stir to combine wax and oil.
- 5.) Place in freezer for 20 minutes to set.



Spotlight: Pat Dawson

Q: Tell us a little about yourself. What do you do here at Rider University? How long have you been working here?

A: In 2006 I was hired as a subject specialist in the Sciences at Moore Library. I have a MS degree in Microbiology and my first job out of college was working as an Assistant Scientist at the Roche Institute of Molecular Biology. Hoffmann-La Roche paid for my Masters degree that I earned at Rutgers while working there. I have a BA in Biology from Western Michigan University, and a MLS degree in Library Science from Rutgers. I am presently an Associate Professor-Librarian and oversee InterLibrary Loan services, in addition to liaison responsibilities to the Sciences, Psychology, and Math departments. I love teaching research instruction in so many different courses—this really keeps me on my toes and I am always learning something new!

Q: From your perspective, how has sustainability at Rider changed over the years?

A: Thanks to Melissa Greenberg's efforts here at Rider, there has been a lot of changes regarding sustainability. The Green Film series started, RecycleMania events, Sustainability Days, articles in the Rider News, etc. are all new additions since I arrived in 2006. Student Eco Reps have been a great addition to sustainability efforts, and all of these programs have made it possible for Rider to be recognized as a green campus by the Princeton Review.

Q: How do you blend your interest in sustainability with daily life/ being a librarian?

A: Libraries by their very nature are sustainable creatures! Think about borrowing DVDs and books from Moore Library or your local library instead of buying these items. What do you do with a movie after seeing it once or twice on a DVD? If you have gotten it from Moore Library, you return it for somebody else to use! Libraries are interconnected with each other in many ways, and if Moore Library doesn't have the needed book, article, or DVD, we can plug into this network of libraries worldwide to obtain the item for the Rider community. This is an economic use of materials and saves Rider students, faculty and staff time in obtaining these wanted items.

Q: I heard that you gave a talk last year about climate change. Can you share a little more about that?

A: In January, my husband and I took a trip to Antarctica and heard scientists on our ship discuss climate change. We were able to see evidence of the impact of global warming which was included in the talk I gave to a class in February. I am always happy to do this presentation and it is very brief.

Q: I also heard that you are a proud owner of an electric vehicle. How difficult was the switch and could you shed some light on the experience of owning an electric car?

A: My first hybrid was a Prius but did not have plug-in capabilities, so I was happy to get this car electric even though it was 3 years old. The newer cars get more mileage on their batteries, but I love the fact that the car gets 50 mpg as a hybrid, and really love it when it is running only on the battery. I have a long commute (34 miles each way), so it is great not to fill it up very often! The switch was easy-peasy!

Q: Is there something we are not already doing that you would want to see happen here at Rider to help us be more sustainable or reduce our environmental impact?

A: Solar panels over the parking lots and additional electric plug in stations are needed at Rider! I wish the landscapers working here at Rider would cease mounding mulch at the base of the trees because this kills them—not a very sustainable approach, cost wise.

Follow us!



Facebook: **Rider Lawrenceville Eco-Reps, Westminster Eco-Reps**

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