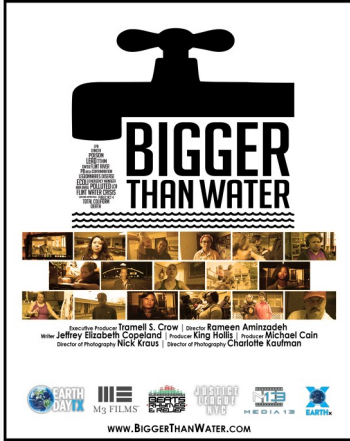




The Campus Green

Rider University's first sustainable newsletter!

February, 2020 Issue 19



Green Film Series: *Bigger Than Water*

March 9th + 11th at 7 P.M.

Sweigart Rue Auditorium (115)

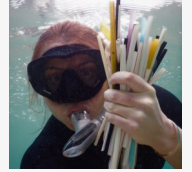
Bigger Than Water tells the stories of the most dedicated and engaged Flint Michigan residents who fought for the safety of their community after Flint's Emergency Manager made the decision to switch their water from Detroit Water & Sewage Department to the polluted Flint River, causing one of the nation's most horrific man-made disasters.

Skip the Straw

February 28th 12 P.M. - 1 P.M.

SRC Lobby

Everyday enormous amounts of plastic straws are used and disposed of. Even on our own campus students insist on having straws for lids that have been designed to eliminate such use. Fortunately there are many alternatives to the "one-time-use" plastic straws, including metal straws that EcoReps often give out at events. Follow our social media @brongsgogreen and come to one such event. There might just be a metal straw waiting for you!



World Water Day

March 10th 11:30 A.M-1 P.M

BLC Ground Floor Lobby

It's an annual event that goes back to 1993. It focuses on the connection between water and climate change. In 2010, the UN recognized "the right to safe and clean drinking water and sanitation as a human right that is essential for the full enjoyment of life and all human rights."



Visit worldwaterday.org/ for more information.

Homemade Rain Barrel

Want an easy, cheap, and sustainable way to water your plants in the scorching heat coming up soon? With just a few materials and some craftsmanship, you can make your own rain barrel at home!

What you'll need:

- | | | | |
|-----------------------------|------------------------------|------------------|--------------------|
| 1 large plastic garbage can | 1 tube of watertight sealant | 2 rubber washers | 2 metal washers |
| 1 hose clamp | 1 spigot | A drill | Landscaping fabric |

How to make it:

1. Drill a hole near the bottom of the barrel. Use a drill bit a little smaller or the same size as the spigot.
2. Place a metal washer onto the threaded end of the spigot, and have a rubber washer right below to prevent leaks.
3. Apply sealant over the rubber washer and place spigot in the hole. Let it dry and then place a rubber washer followed by a rubber washer on the inside of the can. Use the hose clamp to secure the spigot.
4. Create a large hole to fit your downspout in the can. Create a few extra small holes on top to allow for overflow.
5. Place landscaping fabric just under the lid. This will keep out debris, mosquitoes, and other pests.



Broadway Green Alliance at Rider

Broadway Green Alliance is a fine and performing arts initiative from New York City that educates and promotes green and sustainable practices for the stage. Inspired by professional artists' commitment to a more sustainable world, Rider opened a chapter on our campus. Each show has student "Green Captains" who oversee and maintain sustainable practices for the production, and keep performers educated in green practices on and off stage. The BGA is NOT exclusive to Fine and Performing Arts students, but the opportunity is available to every student on campus!

Contact Robin Shane or the Office of Sustainability for more information!

Green Tips

1. When doing laundry, wash and dry your clothes at low temperatures: Not only will you be saving a considerable amount of energy, but using hot water can cause bright colors to fade, and cause certain fabrics to shrink.
2. Dorm rooms can get hot. It seems like as soon as sweater weather begins, the dorms reach 80 degrees because the heat gets turned on. Instead of battling this excessive out pour of energy with an even heavier load of air conditioning, just open your window! It's simple, but saves a lot more energy and you have an even amount of warmth and coolness entering your room. This way you're not using more energy than necessary.

Chocolate Avocado Mug Cake

Ingredients:

- 4 tbsp mashed avocado (~½ medium avocado)
- 2 tbsp almond butter (or any nut/seed butter)
- 3 tbsp maple syrup
- ¼ tsp baking powder
- 2 tbsp unsweetened cocoa powder

How to make:

1. Add all ingredients into a large, microwave-safe mug. Mix with a small whisk until batter is smooth. Batter will be thick
2. Place cake into the microwave and cook at full power for about 2 minutes, or until surface of cake looks done.
3. Allow cake to cool a few minutes before eating.



Brianne '19

Senior Spotlight



Rahul '20

Tell us a little about yourself. What do you do here at Rider University? How long have you been working as an Eco Rep?

As a student I studied biology, worked in a lab on campus. was part of the Science Learning Community, Tri Beta, Omicron Delta Kappa, and most importantly, I was an Eco-Rep for three years. As an Eco-Rep, I tried to promote a sustainable lifestyle on and off campus to Rider community through events and activities.

What are your plans post-graduation and how do you plan to continue being sustainable in your daily life?

Currently, I am a laboratory technician in a clinical lab and continue to be sustainable in my daily life by doing little things such as packing my lunch in Tupperware instead of a plastic bag and bringing my reusable water bottle and reusable shopping bags everywhere I go. I constantly bug my family and coworkers to do the same.

Tell us a little about yourself. What do you do here at Rider University? How long have you been working as an Eco Rep?

I am an Environmental Science Major, with a minor in Sustainability Studies. Here at Rider, I was an Eco-Rep for three years and I have enjoyed my time educating students on the importance and feasibility of Sustainability. I was also the Vice-President of Tabletop Club, participated in the Innovation to Market Program and enjoyed playing in various intramural sports leagues.

What are your plans post-graduation and how do you plan to continue being sustainable in your daily life?

After graduation I aim to find a job that will allow me to use my knowledge and experience gained to help affect change in Corporate America. I know I will carry on being sustainable in my daily life, by continuing to avoid single use items and reducing the amount of meat that I consume.



Contact Us:

Email: broncsgogreen@rider.edu

Melissa Greenberg, Director of Sustainability

Email: megreenberg@rider.edu

