

## **Sport Activity Assumption of Risk & Release Agreement**

There is a risk of injuries, serious and minor, associated with participation in any sport and travel to and from. The risks may increase in activities involving physical contact, running, jumping or otherwise leaving one's feet, diving, sliding, or interaction with moving objects that are thrown or otherwise used in the sport. The risks include, but are not limited to: injury to internal or external organs; loss of or damage to sight, hearing, or teeth; death; long or short-term disability; loss of income, career opportunities, or the enjoyment of life; pain; and scarring or disfigurement.

IT IS THE RESPONSIBILITY OF EACH INDIVIDUAL PARTICIPANT to know his or her own general state of health and well-being, and therefore to be able to certify knowledgeably that he or she is physically fit to participate in a sport. Rider University is not responsible for determining a student's physical eligibility to participate.

Therefore, AS A PRECONDITION TO BEING GRANTED PERMISSION TO PARTICIPATE IN ANY SPORT SPONSORED BY RIDER UNIVERSITY AND ITS STUDENT GOVERNMENT ASSOCIATION, EACH PARTICIPANT shall read the agreement set forth below in order to make an educated choice to participate or not participate. Your signature will signify your recognition of the possible health risks involved and your informed consent to them.

To that end, and before releasing Rider University from all actions, claims, or demands related to any injury you may sustain as a result of participating in its sports program, please give serious consideration to the possible ramifications.

### **AGREEMENT**

I have read the above ASSUMPTION OF INJURY RISKS IN SPORTS and understand its contents. I acknowledge the risk of injury that may result from participation in Rider University's Sports program and am willing to and hereby do voluntarily assume all risks of harm associated with my participation.

I certify that to the best of my knowledge, I am physically fit and able to participate in sports, that I am in good health, and that I am unaware of any medical condition, which might make my participation inadvisable.

I am aware that participating in sports may expose me to risk of injury, minor or serious, including those listed above in the ASSUMPTION OF INJURY RISKS IN SPORTS. I accept and assume all risks, known or unknown, listed or unlisted, that may result from my voluntary participation in Rider University's sports program or activities related to such sports, regardless of the cause of the injury.

In consideration of Rider University's permitting me to participate in its sports program, I knowingly and intentionally give up any legal right that I, my heirs, or legal representatives have or may have against Rider University, its trustees, officers, agents, employees, or insurers, from any action, claim, or demand that I, my heirs, or my legal representatives have or may have for any and all personal injuries I may suffer or sustain, regardless of cause or fault, on- or off-campus, as a result of my voluntary participation in the University's sports program and/or in other activities related thereto.

I certify that I am 18 years of age or older, that I am legally competent and capable of executing this Agreement on my own behalf, that I have read the foregoing and have made a conscious decision to sign it of my own free will.

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SIGNATURE

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DATE

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PRINTED NAME