

Jaisy Vargas, DNP, APRN, ANP-BC | Professor

Rider University, College of Education and Human Services, Department of Education, Leadership, and Counseling, Nursing Program. 2083 Lawrenceville Road, Lawrenceville, NJ 08648, Jvargas@rider.edu

Education: -

- BSN (1991),
- MSN, NP (2004),
- ANCC Board certified-APRN(2005-2025) ,
- Doctoral degree (DNP) in Nursing(2019).

Experience-

- Over 10 years of experience in geriatrics / long-term care
- Over 20 years of experience in medical oncology/telemetry/pain management
- Over 15 years of online teaching experience.

Currently licensed in : FLORIDA, OHIO, MISSOURI (COMPACT), and ILLINOIS

List of all graduate level (MSN, DNP, and/or PhD in nursing) courses taught and are the faculty of record: (Didactic and Clinical instruction)

NURS 703: ETHICS FOR ADVANCED NURSING PRACTICE(Maryville University, DNP)

NURS 701: FOUNDATIONS OF CLINICAL SCHOLARSHIP(Maryville University, DNP)

NURS 611: ADVANCED PATHOPHYSIOLOGY (Maryville University, MSN)

NURS 623: ADULT GERO HEALTH CARE II(Maryville University MSN)

NURS 612: ADVANCED HLTH ASSESSMENT(Maryville University, ANP)

NURS 624: ADULT GERO NURS PRACTITION PRACTICUM(Maryville University, ANP)

NURS 629: PEDIATRIC/FAMILY HEALTH CARE(Maryville University, NP)

NURS 630: FAMILY NURSE PRACTITIONER PRACTICUM (Maryville University, FNP)

NURS 630: PEDIATRIC/FAMILY NP PRACTICUM(Maryville University, FNP)

NUR-513;Course Title: Introduction to Advanced Registered Nursing (Grand Canyon University)

NUR-641E Advanced Pathophysiology and Pharmacology for Nurse Educators course(Grand Canyon University)

Online Skills : -

Experience with Brightspace education software, Canvas, Loud Cloud, and multiple EMRs

Exceptional computer skills using Microsoft Office applications and adobe connect meeting technology.

Ability to work effectively in a remote environment with minimal supervision.

Remain current with trends, and advancement in technology that are applicable to the program and actively participate in professional development.

EXPERIENCE:

1. Academia :

1. **Rider University** : Full time lecturer for MSN/NP program 2021).
2. **Virtual clinical preceptor** (Grand Canyon University 2020-2021)
3. **Maryville University (2007-2021-online): (MSN/ NP):** Adult / Gerontology Nurse Practitioner Practicum II, Advanced Health Assessment, Adult / Gerontology Nurse Health Care II, Advanced Pathophysiology . **DNP (2020-2021 Online) :** 1) Ethics for Advanced Nursing Practice. 2) Foundations of clinical scholarship.
4. **Grand Canyon University (2017-2021 Online): MSN/Nurse educators and Nurse practitioner program:** (Patho pharmacology, nursing ethics and theory, nursing research, healthcare policy, population-based healthcare, informatics and healthcare technologies, leadership and strategic management, organization, and healthcare systems).

2. Clinical Practice:

- **IMA medical group: VA Compensation and Pension (C & P type) Exams (9/18/17 till present).**
Serve as a medical professional to evaluate and perform clear, comprehensive, and concise medical examinations for active and retired military personnel.
- **ANP- St. Luke's hospital (woods mill medical associates Inc, internal medicine clinic) (12/1/15-8/16/17):**
Collaborated with physician team on a regular basis to deliver patient care
Assess patient's health by performing thorough interviews and physical examinations
Obtaining, updating, and studying medical histories for participation in clinical trials conducted at the facility .
Document patient care services by using EMR system, Manage and treat various acute and chronic medical conditions with appropriate labs, procedure, and medical treatment

- **ANP @ –LSS at Meramec Bluffs (Geriatrics) /Generation clinical partners with Dr. Walter Lin (3/31/14-12/1/16)**

Remarkable advance practice nursing experience in geriatric clinic and long-term care
 Huge knowledge of managing elderly population suffering from serious mental illness
 Wide knowledge of how to manage geriatric patients
 Ability to prepare and maintain accurate patient records, charts and documents
 Ability to handle acute and chronic illness states
 Aided as a member of MDT (multidisciplinary team) of mental health
 Conducted home visits within 24 hours of referral
 Diagnosed psychiatric diagnosis and prescribed apt medications
 Evaluated treatment plan monthly and maintained documentation
 Coordinated in quality assurance and peer review processes

- **Medical oncology ANP for Dr. Douglas Adkins and Dr. Brian Van Tine: Head and neck cancer / Sarcoma division at the Washington University, St. Louis. (11/2010 till 04/2014):**

Steep knowledge of clinical care of patients with head and neck cancer and Sarcoma.
 Participated in several clinical trials and research.
 Familiarity with diagnosis and treatment modalities.
 Good understanding of laboratory and radiographic data.
 Ability to manage independently and handle conflicts

- **ANP @ Dr. Ehab Kaiser LLC, Geriatrics, and Internal medicine clinic/long term care (6/2007-10/2010)**

Remarkable advance practice nursing experience in geriatric clinic and long-term care
 Huge knowledge of managing people with people suffering from serious mental illness
 Wide knowledge of how to manage geriatric patients
 Ability to prepare and maintain accurate patient records, charts and documents
 Ability to handle acute and chronic illness states
 Aided as a member of MDT (multidisciplinary team) of mental health
 Conducted home visits within 24 hours of referral
 Diagnosed psychiatric problems and prescribed appropriate medications
 Evaluated treatment plan monthly and maintained documentation
 Coordinated in quality assurance and peer review processes

- **ANP-BC @ A&A pain institute –Dr. Edwin Duntelman (pain management) (10/2005-10/2007)**

Collaborated with physician team on a regular basis to deliver patient care
 Assess patient's health by performing thorough interviews and physical examinations, obtaining, updating, and studying medical histories for participation in clinical trials conducted at the facility
 Document patient care services by using EMR system. Manage and treat various acute and

chronic pain with appropriate labs, procedure, and medical treatment. Conducted research in best practices regarding pain and injuries, pain management

- **House calls for EMSI (2007-2014) and Complex care solutions (2016-2019)**

Conducted home health assessments on enrolled Medicare Advantage members within a geographic area of responsibility. Perform annual health assessment, a post discharge visit, and hospice visit.

- **RN @ Missouri Baptist medical center:** 3015 N. Ballas Road, Creve Coeur, MO 63141 (1999-2005)

Responsible for the coordination of medical, surgical, oncology and telemetry patients, secure detailed history from patients and families, participate in case management and interdisciplinary meetings, Conducted and interpret diagnostic tests after consulting with physicians.

Performed checkups and make referrals to specialist and community resources, participated in committees and activities related to quality improvement.

- **RN @ Delmar Gardens West Long-term care and rehab center: (1994-1999)**

EDUCATION and Awards:

Doctorate in Nursing Practice (DNP) at Grand Canyon University (2017-2019)

Barnes Jewish college of nursing @ Washington University, St. Louis (2004).

Nurse of the year in advancing career at Missouri Baptist hospital (2007).

Nurse of the year: Forest Park Hospital (2001)

SELECTED AND RECENT JOURNAL ARTICLES:

1. Patient resource article for head and neck cancer and sarcoma department for Site man cancer center on 'oral complication and coping mechanism for side effects of chemo and radiation therapy' (2013).
2. J. Ley, B. Nussenbaum, J. Diaz, Rich, R. Paniello, R. Uppaluri, W. Thorstad, H. Gay, **J. Varges**, T. Wildes, L. Michel, D. Adkins; Comparison of clinical primary tumor site response to induction chemotherapy with APF (nab-paclitaxel, cisplatin, and 5-fu) or APF +Cetuximab in patients with locally advanced squamous cell carcinoma of the head and neck (SCCHN) (Journal of oncology, 2014), (ASCO 2011 #5560).
3. Implementing Diet and Activity Modifications with an Educational Program to Reduce Cardiovascular Risk Factors among Asian Indian Females.
Varges, Jaisy. Grand Canyon University, ProQuest Dissertations Publishing, 2020. 27837138.
4. Reviewed Advanced Pathophysiology book for Jones & Bartlett Publishing company

Value – Rider University

Program

Lecturer: Department of Graduate Education, Leadership, and Counseling BSN-MSN-APRN
Curriculum Development and review:

Fall 2021 and Spring 2022:

APRN, 5003, OL1, Advanced Pathophysiology

NUR 406 OLA : Pop Hlth&Clinic Prev acrs Life

Developed Full courses for Fall semester 2021:

APRN, 5002, OLB, Applied Theory for the APRN

NUR 403 OL2 Info Mgt&App.Patient Care Tech

APRN 5006 OLA Health Delivery/Info Systems

- Panelists for a Webinar presented by Rider University explores the future of the NP role. (<https://www.rider.edu/nurses>).
- Participate in the faculty development process to enhance knowledge, skills, and abilities in learner-centered instruction
- Refer students with questions regarding financial aid, academics, attendance, and personal issues or concerns to the appropriate departments
- Attend faculty meetings organized by the Department Chair in the development, review, and revision of a current online curriculum within the department.
- Assist Director of nursing program to prepare for the CCNE accreditation documentation, self-studies, annual professional development plan, complete professional development activities and submit adequate documentation when requested.
- Make recommendations and revise current courses to supports the Rider University style of system delivery.

Statements of Teaching Philosophy

Teaching statement:

My teaching philosophy includes five essential elements that are conducive to learning. (1) Me as a faculty's role is to guide my students as a guide. (2) Students must have access to hands-on activities for all clinical education. (3) Students should be able to have choices and let their curiosity direct their learning. (4) Students need the opportunity to practice skills in a safe environment. (5) Technology must be incorporated into any educational activities to adapt to current era of digital world.

Teaching methods:

Designed courses for online class instruction by developing syllabus to meet course objectives and outcomes, as approved within each course shell aligned with Rider University's curriculum.

Developed and recorded Pathological process for Advanced Pathophysiology for APRNs with short Kaltura Videos, need based exams and chapter-based quizzes.

Incorporated evidence based clinical case studies ensuring critical thinking and high-quality patient care environment.

Evaluated Typhon for clinical case entries.

Integrated technology into classroom with power points, Kaltura or Vimeo

Integrated online classroom learning through canvas.

Regularly evaluated student performance, provide timely grades and feedback to students on level of performance based on course objectives, assist coach and discipline online nursing students per university policy.

Incorporated use of software applications : Kaltura, Canvas, Vimeo, Zoom.

Engaged in Online classroom management, simulation through Shadow health, online classroom assessment techniques and discussion boards through Canvas.

Introduced optional discussions as (CATs-Classroom assessment techniques) for additional focus on improving academic and people skills, scholarly writing skills needed for both academia and clinical workforce.

Diversity Statements

I am the first member of my family to go to college and the first of a later legacy of Nurse Practitioners. I grew up in a lower middle-class family and experienced economic uncertainty, lacked modern technology. Coming from a small village in South India, the concept of routine healthcare access was foreign to me.

I came to the United States with a BSN from an institution that would seem substandard today compared to the new generation nursing programs. I started my career in the United States as a certified nurse assistant , then took the certifying exam to become a medication technician , and later a licensed practical nurse. After I passed the NCLEX and became eligible to practice as an RN, I devoted myself to becoming a mentor who would support nurses on a global scale. It was a joy to give my time, advice, and resources to nursing students, as well as help them acquire professional connections through my prior experience.

During my nursing career, I began to see people as a trifecta of body, mind, and soul, as opposed to viewing them as two-dimensional textbook cases. When I became a professor of nursing, I realized race and ethnicity were two powerful components of healthcare that resulted in bias and inequity.

The online classroom teaching experience I gained over the past 15 years taught me the challenges and opportunities of managing a multicultural classroom. I took the initiative to learn how to lead a diverse and equitable classroom. Respecting and appreciating an individual's abilities, experiences, and cultural values and norms is important and vital in academia. I learned to create a safe space to culturally diverse students, so that they can express their feelings, concerns, and perspectives without fear of judgment or reprimand.

As an online faculty, it was important to me that I was accessible to my students. Realizing that students had unique lifestyles, careers, and responsibilities outside of academics, I made myself available 24/7 via email or text messages, encouraging classroom participations by small group assignments. I also used prior feedback and commentary to guide me as I crafted syllabi for the next semesters. At the end I made sure to make the classroom topics fun, open, and relatable and tried my best to indicate to my students that I care for their learning and their well-being, both inside and out of my classroom. Understanding that my experience is different from that of my students, I believe is the key to excellent engagement and educational connections in the classroom. My commitment to promoting diversity in nursing programs and nursing workforce is grounded in my own personal experience, as I am from a diverse community myself. With each new class, I hope to learn from my students as much as they hopefully learn from me.

Today, I have built an academic and clinical career integrating my diverse experiences in practicing evidence-based clinical care, while also being involved in my communities. My ongoing commitment to teach virtually and encourage diversity and equity in academia is solid, as it is the source of my life, here in the US.

Professional Development

Eosinophilic Esophagitis: Improving Outcomes in Pediatric and Adult Patients Through Earlier Diagnosis and Treatment – An Innovative Whiteboard View: June 16, 2021, Credits: 1.0 ANCC Contact Hour.

CEU fast : Continuing Medical Education for over 39 Hours , 2020

Recertification completed with ANCC 2020-2025

PROFESSIONAL ACTIVITIES

Society/Association Membership and Leadership

Sigma Theta Tau, Honor Society of Nursing, Member(National)2004

St. Louis Advanced Practice Nurse (SAPN) association-2004-2010