



RIDER
UNIVERSITY

WELCOME TO THE SRC Fitness Center

- » YOU MUST HAVE AN "ALL CLEAR" FOR CAMPUS ACCESS FROM THE CAMPUSCLEAR APP AND PASS A TEMPERATURE CHECK UPON ARRIVAL.
- » FACE MASKS MUST BE WORN AT ALL TIMES WHILE IN THE FITNESS CENTER, EVEN DURING EXERCISE.
- » MAINTAIN SOCIAL DISTANCING OF 6 FEET AT ALL TIMES.
- » EXERCISES REQUIRING SPOTTING ARE PROHIBITED.
- » WASH HANDS FREQUENTLY AND/OR USE HAND SANITIZER.
- » FOLLOW DRESS CODE POLICIES.
- » WIPE DOWN MACHINE/EQUIPMENT BEFORE AND AFTER EACH USE.
- » CHECK THAT MACHINES/EXERCISE AREAS ARE CLEANED AND SANITIZED BEFORE STARTING YOUR WORKOUT. MOVE USED EQUIPMENT TO RED ZONE OR FLIP THE CARD TO "MUST BE CLEANED AND SANITIZED" BEFORE LEAVING THE AREA.
- » SRC COURT 3 CARDIO AND WEIGHT EQUIPMENT IS AVAILABLE FOR USE IF MAXIMUM CAPACITY HAS BEEN REACHED IN THE FITNESS CENTER.

WE'RE ALL IN THIS TOGETHER.
BE SAFE, BRONCS!

Members not following the safety guidelines will be asked to leave.