

# Internships and Co-Ops in the **School of Liberal Arts and Sciences**

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Students learn about science in the field.

### Internships for Geological and Marine Sciences Majors

If science is your major then you're in luck because their department offers a wide variety of internship opportunities. There are numerous locations for interns such as the New Jersey Geological Survey, the Delaware River Basin Commission, the NJ Aquarium, and the Jenkinson Aquarium.

At the New Jersey Geological Survey (NJGS), Interns work on a wide variety of projects including the classification and interpretation of glacial materials in buried valleys, mapping the underground layers of earth using the Geographic Information System (GIS), and analyzing pollution site geophysical data. With the internship at the Delaware River Basin Commission, students help regulate all aspects of the Delaware River. The N.J. Aquarium in Camden, N.J. and the Jenkinson Aquarium in Point Pleasant, N.J. also offer internships where students are given the chance to assist biologists with their daily routines, prepare daily diets for all fish and invertebrates, perform daily maintenance on exhibit and holding systems, assist biologists in the collection of live specimens and assist in quarantining different protocols.

Contact Dr. Jonathan Husch at Husch@rider.edu

### Workshop for Aspiring History Interns

On Thursday, October 25, 2007, Phi Alpha Theta and the History Club hosted their third annual workshop for prospective history interns. The Internships for Historians workshop featured four guest speakers from Rider who have previously held internships around the state of New Jersey.

The History department offers an array of 15 different sites that feature hands-on opportunities for their interns. Some of these sites include the New Jersey Sate Archives in Trenton, The David Library in Yardley, The Parry Mansion in New Hope, and the offices of Congressman Rush Holt. Dr. Joseph Gowaskie, the History Internship advisor, encourages all history majors to become involved with the internship program.

"I want students to experience history outside of the classroom," said Gowaskie. "I want them to have a real hands-on historical experience."



Contact Dr. Gowaskie at gowaskie@rider.edu.

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- Workshop for Aspiring History Interns
- Former Rider Experience
- Career Services
- Tips for Interns



Site of former Rider student's internship on Wall Street in New York City.

### Former Rider Internship Experience

Natali Bernstein, a 2007 graduate and communications major, participated in a number of internships during her time at Rider. Some of these internships include working with Tullett Liberty, the Sovereign Bank Arena, the Maury Show, and MTV.

The first of Bernstein's internships was at Tullett Liberty Inc., a brokerage firm on Wall Street. With this particular internship, she was fortunate enough to gain the experience she desired while also being paid for her work. Bernstein's second internship was at the Sovereign Bank Arena working in the productions department. She found that her experiences were very valuable but she may have enjoyed herself a little more if she were a bigger fan of sports. She then moved on to the Maury Show, where she shadowed the production assistants during certain production days. This proved to be a very involved internship and really stood out on her resume. Bernstein suggests that students take on an internship during the school year because production opportunities aren't as abundant during the summer.

## Suggestions from the Director of Career Services at Rider

For students, getting into an internship program can be an intimidating challenge. But what most students don't realize is that Rider University offers two different approaches to aid the search process. One is the common approach, which entails a student meeting with an internship coordinator in their respective department and setting up a work location. The other way to search for an internship is not as well known to students and deals with finding opportunities using the website MonsterTRAK.

MonsterTrak, which is not directly affiliated with Rider, posts daily employment and internship opportunities on their website. In order to access MonsterTRAK, students must register and submit their personal and collegiate information. Career Services recommends the website to students because of its ease of use and effectiveness. The department also offers four MonsterTRAK training sessions each week, every Monday and Wednesday at 4:30 pm and Tuesdays and Thursdays at 11:30 am. To attend these tutorials, students must make an appointment by calling Career Services (896-5058) or drop by the Bart Luedeke Center in room 237.

A quick four step guide to register with MonsterTRAK

- 1. Go to http://www.monstertrak.monster.com/
- 2. Click sign up
- 2. Select New Jersey & Rider University
- 4. Type in your email and confirm.

Overall, an important part of selecting an internship is making sure it is gear towards one's interests as well as one's major. Internships provide students with insight and experience to explore what work would be like in that particular field. Don't get an internship just to get an internship, get one that matters because "the choices you make today shape your world tomorrow."

#### **Tips for Interns**

- 1. Plan ahead; make sure that you know who the internship supervisor is for your major or minor.
- 2. Don't wait until your junior year to go to internship meetings or talk with other students about the program.
- 3. Consider networking with people who your parents and friends know that are working in the professional area you are interested in.



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