

Dear Visiting Athletic Trainer,

On behalf of the sports medicine staff, I would like to welcome you to Rider University. During your stay we will be happy to assist you in meeting your team's needs. The following information may be helpful to you in planning your visit to Rider.

1. The athletic training room will be open two hours prior to game time and one hour post-game.
2. A certified athletic trainer will be in attendance for all home events.
3. Water, ice, cups and/or water bottles and biohazard materials will be provided on your bench.
4. Team physicians will be on call or in attendance.
5. If your team is traveling without an athletic trainer, please provide any necessary supplies and call to notify us in advance so we may better assist you.
6. If your team is traveling with a non-certified athletic trainer, please make arrangements in advance to use any modalities,
7. Crutches, splints and emergency equipment will be stored behind the home bench during the event.

**The athletic training room is located in Alumni Gymnasium.** In the event that you need to send an athlete to the hospital, our staff would be glad to assist you with directions.

The following phone numbers may be beneficial prior to or during your visit to Rider:

Athletic Training Room .....	(609) 896-5052
Tim Lengle, Head Athletic Trainer .....	(609) 209-0763 (cell)
Henry Minarick, Assistant Athletic Trainer .....	(609) 209-1491 (cell)
Karen Cote, Assistant Athletic Trainer .....	(609) 209-1529 (cell)
Gina Dain, Assistant Athletic Trainer .....	(609) 209-0441 (cell)
Lacey Toth, Graduate Assistant Athletic Trainer .....	(609) 896-5052
Meg Walsh, Graduate Assistant Athletic Trainer .....	(609) 896-5052
Princeton Medical Center .....	(609) 497-4000
Helene Fuld-Capital .....	(609) 394-6000

If there are any further questions or concerns, please feel free to contact us. Best wishes for a healthy and successful year.

Sincerely,

Karen P. Cote, MEd, ATC