

To: All Rider University New and Returning Student-Athletes and Parents
From: Tim Lengle, Head Athletic Trainer
Date: May 14, 2007
Re: 2007-2008 Pre-participation Athletic Physicals and Paperwork

The dates and times for the Pre-participation physical are as follows:

Monday, July 2 nd	4:00pm	Men's and Women's Basketball
Thursday, August 9 th	4:00pm	Volleyball
Sunday, August 12 th	4:00pm 5:00pm	Field Hockey Optional Local Athlete Physicals
Tuesday, August 14 th	5:00pm 6:00pm	Women's Soccer Optional Local Athlete Physicals
Thursday, August 16 th	4:00pm	Men's Soccer
Friday, August 24 th	4:00pm	Cross Country
Tuesday, September 4 th	5:00pm 5:00pm 6:00pm	Golf Men's and Women's Tennis Men's and Women's Swimming & Diving
Thursday, September 6 th	5:00pm 5:30pm 6:00pm	Track and Field Last Names A – L Track and Field Last Names M – Z Wrestling
Tuesday, September 11 th	5:00pm 5:30pm 6:00pm	Softball Baseball Cheerleading

All student-athletes must be present at their assigned physical date. It is unacceptable to come on another physical date without first obtaining permission from the Sports Medicine Staff. You will be denied a physical at that time and assigned to a later date, which may delay your clearance to participate. If you have a conflict please contact us at (609) 896-5052.

Due to a large number of incoming freshmen student-athletes this year, we are offering two **optional local athlete physical** dates. The sports medicine staff is encouraging any local new or returning student-athletes, regardless of sport, to attend either of these sessions in order to avoid the rush and long lines in September. Please call (609) 896-5052 in order to sign up for either date at least one week prior to the scheduled date.

All physicals are performed by Rider University Team Physicians and Sports Medicine Staff free of charge. **Physicals performed by outside physicians will not be accepted.** All physicals will be held in the Athletic Training Room in Alumni Gymnasium. All necessary forms can be obtained via the internet at www.rider.edu. Click on Athletics, and then click on the sports medicine link and click on forms for new or returning athletes. If you do not have internet access or are having difficulties downloading the forms, please call (609) 896-5052 to request a hard copy.

Forms should be completed in their entirety prior to arriving at physicals with the exception of the back page of the pre-participation physical form. This page is to be completed by the Rider University Sports Medicine Staff only. Please bring the forms with you to your assigned physical date and time.

Please do not send your forms in prior to your scheduled physical date.

Also located on the sports medicine web page please find information about the Rider University Athletics Secondary Insurance Policy provided for all athletes free of charge and a description of the claims filing process.

Freshmen or transfer student-athletes must return the following information:

Pre-participation Physical form with the medical history completed and signed.

Parent/Guardian Insurance Information Form filled out entirely and signed.

Copies of the **FRONT AND BACK** of your health insurance cards.

Returning student-athletes must return the following information:

Re-certification Form completed and signed.

Newly completed Parent/Guardian Insurance Information Form.

Copies of the **FRONT AND BACK** of your health insurance cards.

Any injuries that required surgery at the end of the school year and/or new injuries must be seen by a member of the Rider University Sports Medicine staff. **Student-athletes who have been treated for an injury by a physician outside of the “Rider University Network” must provide the staff with all documentation regarding that injury and written clearance from that doctor.**

Failure to disclose pertinent medical information may invalidate your medical insurance coverage, and under NCAA rules, may void your eligibility to participate in collegiate athletics.

Please call (609) 896-5052 or e-mail tlengle@rider.edu with any questions.